

July
1981

NEW YORK CYCLE CLUB

Serving New York City since 1927

JULY, 1981

PUBLISHED BY
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Ride Listings

GUIDELINES FOR CLUB RIDERS

NYCC rides are intended to be friendly group rides; we don't like to "drop" or lose anyone. Riders whose personal or bicycle condition seems inadequate for the ride are to be turned back by the leader. Our leaders are truly reluctant to do this, so please cooperate with them:

- 1) Select rides within your capabilities--avoid downgrading the ride for your fellow riders and stressing yourself "trying to keep up"; or, conversely, demanding a faster pace than advertised.
- 2) Be on time or a bit early. Rides will leave promptly.
- 3) Have your bike in good condition: both brakes working, properly inflated tires, adjusted derailleurs, no loose parts.
- 4) Eat a good breakfast; bring water, snacks, spare tube, patch kit, pump; and lights for dark.

RIDE AND RIDER CLASSIFICATIONS

(See, also, the detailed classification graph in the Feb 1981 Bulletin)

	Riding pace
A+: ANIMALS: Anything goes. Eat up the roads, hills and all.	17+ mph
A: SPORTS(WO)MEN: Vigorous riding over hill and dale. High regard for good riding style. Can take care of themselves anywhere. Stops every two hours or so.	14-17 mph
B: TOURISTS: Moderate to brisk riding along scenic roads, including hills; destination not so important. Stops every hour or two.	11-14 mph
C: SIGHTSEERS: Leisurely to moderate riding. Destination oriented: nature, historical, cultural. Stops every half to one hour.	8-11 mph
D: BEGINNERS: Very leisurely sightseeing. Discovering the bike and their bodies; training up to C. Frequent stopping and regrouping. Do not believe reports about mere mortals riding 100 miles or more in only one day.	Less than 8 mph

Saturdays July 4,11,18,25 and Sunday July 5th.

LEADERLESS RIDES. Approximately 50 Miles. 'A'. Meet 8:15 AM at the Central Park Boathouse. Destination to be decided by the riders who show up.

Saturday July 4th, 1981

PICNIC UNDER THE BRIDGE. 35-40 miles. C ride. Meet Martha Ramos at 9:30 on the Manhattan side of the Brooklyn Bridge or at 10AM at 72nd St. and Central Park West. We will ride up along the drive to the G.W. Bridge for a picnic at one of the riverside parks located off of the path that runs under the bridge. Bring lunch or we can buy it in Ft. Lee. Cancelled if forecast predicts rain. Additional information: 858-9142.

Sunday July 5th, 1981

BIKE AND EAT #2. 35 miles. C ride. Meet Martha Ramos at 9:30 on the Manhattan side of the Brooklyn Bridge or at 10AM at 72nd St. and Central Park West. We will ride to the Arthur Ave. area of the Bronx for a feast of Italian food. While in the area it is but a short stop to the Botanical Garden. Cancelled if forecast predicts rain. Additional information: 858-9142.

Friday July 10th, 1981.

FOURTH FIRST ANNUAL CENTRAL PARK TREASURE HUNT. 7:00 PM. D Ride. Three times before in the last twelve years, we have initiated an annual treasure hunt, following clues that can only be solved within Central Park. Entry fee \$3.00 to cover organizer's expenses and one prize for each ten entries. We expect the hunt to be over and to be out of the park before it gets dark around 8:30 PM. Clues will be hard, bring a pencil. Joint NYCC, LIBC, AYH, CCC, BTCNJ, and PPI. Meet at Pedal Pusher Bike Shop, 328 E. 66th St. Organized by Roger Bergman. 879-0740.

Saturday July 11th, 1981

QUEENS BIKE LANE BASH. 50 miles. C+ ride. Meet Carole Chavanne at the Queensboro Bridge Bike Lane, on the Manhattan side (59th St., between 1st and 2nd Avenues), at

On the cover: Mort Schneiderman and Alan Krzynowek after finishing the Montauk Century on May 17th. Photo by Bob Friedman.

9AM for a moderately hilly tour of every existing bike lane in Queens. This tour will include visits to Forest, Cunningham, Alley Pond, and Flushing Meadow Parks. Bring a picnic lunch, and don't forget your water bottle. Additional information: 222-8227. Joint AYH,TA.

Sunday July 12th, 1981.

Albany Ride. 150 miles 'A/A+'. In order to participate in this ride you must have successfully completed an AYH century in 1981. Bring your AYH pass with you on Thursday, July 2nd, at 7:00 PM for the pre-trip meeting (132 Spring St., NYC) No advance signups or late signups, you must attend the pretrip meeting. The return trip will be by Amtrak. The leader has the right to dismiss any rider for poor performance or conduct (for the safety of the rider and the group.) A dismissed rider will be on their own. Leader Steve Bauman. 939-5178. Joint AYH.

Sunday July 12th, 1981.

REPENTANT SINERS #2. B ride. 63 miles. Meet "Upright" Irv at 8:16 AM at the George Washington Bridge Bus Station For the second training ride for Repentant Siners. The ride will go through Bergen County and Rockland County. The ride is flat with a few rolling hills to help you repentant siners earn your repentance. You may take the "A" train to the 175th St Station and ride to Broadway and 178th St to the Bus Station. For more information call Irv at L02-7298.

Sunday July 12th, 1981.

CAST IRON CLASSICS. D ride. 10 miles. Meet your leader Ken Abramson and Dawn Shober for a moderate ride to enjoy the Cast Iron Architecture of New York City. NYC has more of these buildings than any other city in this country. They are being demolished and replaced by more modern buildings. This may very well be one of your last times to view the unique Cast Iron Classics of Architecture in NYC. For more information call Ken at 672-9555. Meet at 9:00AM at City Hall.

Saturday July 18th, 1981

HUDSON RIVER MUSEUM. 45 miles. C ride. Meet Martha Ramos at 10AM on 72nd and Central Park West. We will ride to Yonkers to visit the Museum, view the grounds and if interested, see the planitarium show (\$1.50). Bring your lunch and a lock. Cancelled if rain is forecast. Additional information: 858-9142.

July 18&19th 1981.

DELAWARE WATER GAP. 220 miles. A- B+ ride. Join Barbara Bates and Barbara Silverstein for a scenic hilly ride to Layton, N.J. The cost of the trip will be about \$5.00 plus food. Advance sign up is required by July 6th. Call Barbara B. 932-6334 or Barbara S. 685-2714 for more information.

Sunday July 19th, 1981.

ALL CLUB RIDE. "A", "B", "C". 100-75-60-35 miles.

"A" Leader Chris Mailing, 95 miles. Meet at Central Park Boat house at 7:00AM for a ride to Woldwich, N.J. for breakfast and then on to Oakland and Skyline Dr, along the Wauaque Reservoir, and up to Soatsburg. Return via Suffern and Allendale Lakes Park (to meet the rest of the Club.) By 1:30 PM and then back to the George Washington Bridge via East Clinton Ave. Call Chriss Mailing at 879-6199 for further information.

"B+" 75 miles. meet dave Miller at the Central Park Boathouse at 8:30AM for a very senic and hilly ride to Rockland lake across lake De Forest to the picnic sight with the rest of the ride. This ride is the most senic ride of the day. If you want to ride slower than the 'A's enjoy some senerey at a 'B' pace with 'B*' hills come and enjoy. we will meet at the C.P. Boathouse at 8:00AM. For more infirmation call Dave Miller 794-9365.

"B" 60 Miles. "B" ride. Meet 'Upright' Irv Weissman at 8:00AM at the George Washington Bus Station for a flat ride with a few rolls in Bergen County and Rockland County. for more information call 'Upright Irv' L04-7298.

(continued on next page)

"C" 34 miles. "C" ride. Meet Phyllis Lehman and Martha Ramos for a flat ride to Woodale County Park for lunch with the rest of the Club. meet at 9:00AM at the C.P. Boathouse. For more information call Phyllis 873-5298.

Saturday July 25th, 1981

FOREST PARK. 25-30 miles. C ride. Meet Ed and Sara Flowers at 9AM at 111-50 76th Rd. (the Flower's apartment). Non-Queens residents can take the E train to 75th Ave. and Queens Blvd., then ride or walk the 3 blocks to the starting point. Be prepared for a couple of hills as we loop around Queens and the Forest Park area. Cancelled if rain is forecast. Additional information: 544-9168.

Sunday July 26th, 1981.

DANBURY CENTURY. 110 miles. "A" ride. Meet 6:00 AM at Fordham Rd. and the Grand Concourse in the Bronx, for a 6:30 AM departure. This is an AYH Annual Event, so let's see if we can have NYCC well represented. The terrain for this ride is Very hilly, so be prepared. Leader is Dave Veder (379-0569).

Sunday July 26th, 1981.

CROTON RESERVOIR RAMBLE. 90 miles. A- ride. Meet Bill Baumgarten at 7:15 AM at the CP Boathouse for a ride up the Hudson to North Tarrytown then Northeast via Mart Knoll to Goldens Bridge. You can join the ride at 225th st and Broadway at 8:15 AM, or in Yonkers at Dock St. and Manor House Sq. (free Parking), 8:45 AM. Bring munchies to maintain strength to the food stop at mid way point. Details: Call Bill before 9:30 PM 567-4628.

July 26th thru August 1st, 1981. THE REGISTERS ANNUAL GREAT BIKE RIDE ACROSS IOWA (RAGBRAI).

If you are interested I can still get you on the ride. This years ride is 500 miles of rolling hills. The ride is 7 days of riding, partying, camping with 5000 other crazy bikers across the State of Iowa. You cannot be really 100% all here to ride 500 miles in 90 degree weather, but if you do it once you get addicted and can't wait for the next one. This is not just a ride but a party with 5000 other bikers from all over the USA and a few Forgin countries. The ride is a "B" ride. This is RAGBRAI IX. Call me for information 794-9365 David miller.

Saturday August 1st thru Sunday August 2nd.

CENTURION VELOPUS-BANTAM LAKE YOUTH HOSTEL. 220 Miles. A/A- ride. The Centurion Velopus achieves a nirvanic state when confronting challenging situations. This tour encounters very rugged hilly terrain. Mileage averages 100-115 miles per day. The trip costs at least \$7, to cover the necessary fees. Meals and other expenses are additional. Pre trip meeting gathers at 7:00PM on Thursday, July 16th at AYH, 132 Spring St. Attendance is mandatory. Space is limited, so sign up early. Your leader is John Lubaszka 523-2198. Joint AYH.

Sunday August 2nd, 1981.

DIX HILL RECREATION CENTER. B ride. 70 miles. Call Martha Ramos for more information. 858-9142.

Classified Ads

APARTMENT TO SHARE

Need one mature, responsible female to share beautiful floorthru of Park Slope brownstone. Excellent neighborhood, garden, sun deck, spacious and sunny. Contact Phyllis Lehmann by leaving message at 672-9555 or 873-5298.

HELP WANTED

Responsible, perceptive individual to teach bike riding 1) to those adults and children who have never ridden and cannot balance; 2) to those adults who know how to balance and steer, but who need supervision (a sort of "pre-Effective Cycling"). Pay negotiable. Call or write Roger Bergman, c/o Pedal Pusher Bike Shop, 328 E.66th, N.Y.C. 10021 879-0740

Ride Previews

	Ride	Leader	Class	Miles	Starting point
August 8th, 1981.	Queens triboro loop	Flowers	C	25	NYC
" 9th, 1981.	Bear mountain Century	Friedman	A	100	NYC
" 13th, 1981.	" " "	Lubaszka	A	100	NYC
"15-16th, 1981.	Delaware Water Gap	Mailing	A	280	NYC
" 16th, 1981.	Brooklyn Ramble	Antanis	D	15	NYC
" 22th, 1981.	Wavehill	Ramos	C	40	NYC
" 20th, 1981.	HI POINT loo	AYH*LAW	ABC	100-25	LI
" 30th, 1981.	Insomniac	Abramson	C	25	NYC
Sept 5-7th, 1981.	Montreal Ride	Bauman	A	375	NYC
" 13th, 1981.	Great Bergen Century, Half Century, Quarter Century	BTCNJ	ABC	100-25	NJ
Sept 27th, 1981	Cold Spring Breakfast	Mailing	A	100	NYC
Sept All Mounth	LAW Century Mounth	NYCC	A,B+,B,&C		NYC
(We will be listed in the LAW Mag this year).					
Oct 4th, 1981.	All Club Ride	NYCC	ABC	25-100	NYC
Oct 10-12, 1981	Catitol Run	Bauman	A+	250	NYC
Oct	All Club Ride				
OCT	SCOR				
OCT	All Club Ride				

Ride Results

Date	Ride	Leaders	Class	Riders	Miles	Club Miles
3-7-81	Alpine Ride	Abramson	C	15	30	450
4-4-81	Eric Svenson	Vojtech	B	3	35	105
4-18-81	Training #12	Mailing /Friedman	A	11	65	715
4-19-81	Cherry Blossom Century	Mailing	A	13	100	1300
4-19-81	Cherry Blossom	Weisman,Ramos Vojtech,Lubaszka	C	50	8	2400
4-25-81	Tallman	Silverstein /Bates	B	17	55	935
4-26-81	Time Trials	Weisman	?	7	25	175
				27	50	1250
5-3-81	7 Lakes Double Metric	Kryznovek	A	8	100	800
5-9-81	S.I. Loop	Ramos	C	8	25	200
5-9-81	Leaderless		A	7	69	483
5-10-81	All Club Ride	Levin	A	4	87	348
		Miller	B+	4	77	308
		Ramos /Gewirtz	C	4	54	216
5-22-81	GEAR	Miller	B+	4	178	712
5-31-81	Saddle River Express	Mailing	A+	13	110	1430
Totals	13 Rides	14 Leaders 6-A 4-B 4-C		195	1108	11,827

Ride leaders Please take note: I have not received ride sign up sheets for 24 rides listed in the NYCC Bulletin. Will you please send them to me or send me a note that the ride was cancelled

Thank you, David C. Miller V.P. Rides

Seven Lakes Drive Double Metric May 3rd, 1981 - by Alan Krzynowek

On the day of May 3rd, the day of the Five Boro Bike Tour for all you crowd getters, there was a bike trip to Bear Mountain via Seven Lakes Drive.

Let me see how many of you can guess the name of the trip. Raise your hands, now. Well, for all you Einsteins, it was called the Seven Lakes Drive Double Metric.

The excursion started from the George Washington Bridge and proceeded to the "endless" 9W, but interesting with its hills and landscaping.

It was a nice day, so I decided to pick up my pace and go on to Cold Springs for breakfast, but the pack took a nice touring speed to soak up the sun and landscaping. What to my amazement to find out that the firehouse is closed. (For those who don't know: the firehouse in Cold Springs, between 6 am to 11am serves a filling breakfast at a cheap price.)

I turned myself around and headed back to Bear Mountain to meet the rest of the group just arriving there.

I met the group just in time to tackle the Seven Lakes Drive. I collapsed, but the group thought I was full of energy and I could tackle anything they threw at me.

We took a nice "touring" speed up the scenic Seven Lakes Drive. Chris Mailing, Bob Friedman, and I raced down the south side at about a 30 to 45 mph pace. Other than that the whole group was together and going at a pace that everyone enjoyed. We soaked up all that sun, majestic hills, and scenery to make the ride turn out to be one of the most enjoyable rides so far.

July Club Meeting Program

GEARING FOR TOURING OVER VARIABLE TERRAIN

Do you have trouble climbing hills simply because you are out of shape, or will appropriate gearing really make a difference? Is age a factor? How about weight and sex? (Gender, not frequency.) Do the bike manufacturers really know what the public needs? Who is advising them--experienced tourists, or racers?

At the July meeting Irv Weisman will analyze the power requirements of cycling, will present some aspects of physiology, and will relate them to appropriate designs in gearing. He'll clue you in to bike designs (especially crank sets) which permit changes in gearing and those which will box you into inadequate gearing until you throw away the offending crank sets--including Campy. Expensive 'Weightless Wonders' are not the best or only answers to easier riding.

We expect a hot question and answer period to follow his slide presentation. Come on down, join the debate, and learn something.

Note: By 'gear' we mean 'the equivalent wheel diameter'--as if the bike were a high-wheeler with the pedals directly connected to the driving wheel.

$$\text{GEAR} = \text{WHEEL DIAMETER} \times \frac{\text{CHAINRING TEETH}}{\text{REAR SPROCKET TEETH}}$$

Example: Chainring = 52 teeth, sprocket = 20 teeth, wheel diameter = 27 inches

$$\text{GEAR} = 27'' \times \frac{52 \text{ T}}{20 \text{ T}} = 70.2 \text{ inches}$$

See you at Artemis Restaurant, 76 Duane Street and Broadway on July 14. Drinks are at 6 and dinner at 7.

Sara S. Flowers, Programs

NYCC'S GROUP "A" - 1ST PLACE STANDING OF THE
10TH ANNUAL PEPSI CHALLENGE 24 HR BIKE MARATHON

			GUYS & GALS	(1545 MILES 1-5)
1	PETER	SCHAAF	340	7TH OVER ALL
2	KEN	ABRAMSON	320	
3	ALAN	KRYZNOWAK	300	16 YEARSOLD JUNIOR
4	JOHN	L UBASZKA	300	
5	JOE	HULBERT	285	
				(1280 MILES 6-10)
6	JIM	REX, SR	285	MISSED SPRING TRAINING
7	CHRIS	MAILING	260	
8	RICH	L EVIN	250	
9	DON	BARTH	250	
10	BARBARA	SILVERSTEIN	235	TIED FOR WOMEN BRONZE MEDAL
				(980 MILES 11-15)
11	BARBARA	BATES	210	
12	GLORIA	LASOFF	205	
13	TOM	BARTH	205	
14	NEIL	GIFFORD	185	
15	HERB	S CHWARTZ	175	
				(725 MILES 16-20)
16	VICK	STAUBANS	165	
17	DAN	ARINBERG	150	
18	TONY	ALVAREZ	150	
19	PHYLLIS	LEHMAN	130	
20	DEBRA	McCABE	130	
				(505 MILES 21-25)
21	ELLEN	ROTH	125	
22	ROBIN	KAPPY	110	
23	BERNARD	HOLST	105	
24	ED	GERTINGER	105	
25	JUDY	LEVIN	60	
			CONNIE ORENTLICHER	(30) HAD BEEN INJURED EARLY
17	GUYS	3,830		WITH 225 AVERAGE MILES EACH
8	GALS	1,205		" 150 " " "
CLUB'S TOTAL MILAGE			5,035 "	201 " " "

YEARS OF CONSISTENT PATIENCE GEARED FOR RIDER AWARENESS HAS AGAIN PAID OFF IN HARD EARNED AND WELL DESERVED DIVIDENDS. THANKS TO A WELL TRAINED TEAM BY CHRIS MAILING AND BOB FRIEDMAN, MATCHED TO SOME EXTENT BY BARBARA SILVERSTEIN AND GLORIA LASOFF. IMPROVED FOOD PROVISIONS AND "EAGLE SCOUT" TEAM SUPPORT HEADED BY MARTIN KARRIN WITH THE HELP OF STEVE DIAMOND, MARY GIFFORD AND OUR ASSOCIATES, WE COULD ONLY DO RIGHT.

THE RIDERS AS IN PREVIOUS YEARS, HAD SHOWN A SIZABLE MARGIN OF HARMONIOUS IMPROVEMENT AND INDIVIDUAL ACCOMPLISHMENTS. OUR UNWAVERING CONFIDENCE, INTEREST, REALISTIC EXPECTATIONS, SPIRIT AND ENTHUSIASM BEEN MORE THAN ENOUGH TO CARRY US THROUGH. WITH SOME LEFT TO CONSIDER FUTURE EVENTS. OUR GROWTH RATE HAS REACHED A LEVEL OF COMPETENCE WHERE OUR WOMEN PERFORM AS WELL AS OUR MEN USED TO ONLY A FEW YEARS AGO.

NO SELF RESPECTING MEMBER COULD IGNORE OR DOUBT ALL THESE RAISE THE PRES-TIGE OF THE CLUB WITH VITAL COMPLEMENTARY QUALITIES, THAT DRAWS MORE SERIOUS CYCLING ADHERENTS. AND LET'S NOT FORGET ONE MAJOR FACTOR. NOT LONG AGO MANY OF THEM JUST NOVICE CYCLISTS, STARTED OUT LIKE SOME OF OUR NEW MEMBERS TODAY. THE CLUB CAN BE AS GOOD AS THE MEMBERS CARE TO MAKE IT. I'M FORTUNATE TO BE THE CHIEF ADMINISTRATOR IN A YEAR WHEN MY PAST DREAMS HAVE MATERIALIZED INTO REALITY. I WANT TO THANK AND CONGRATULATE ALL OF YOU FOR A FINE JOB WELL DONE

"IRONLEG" JIM REX

Perfect weather, great terrain, and 1800 cyclists made for another memorable Memorial Day Weekend! At least 28 NYCC members wheeled around at the 17th Annual Great Eastern Rally held in New Paltz, N.Y. this year.

Getting their \$80's worth, Dave Miller, Marsha Taggart, and John Hoffman biked approximately 160 miles up and back (and up and down!); and Hannah Holland and Richard Herbin cycled the 80 miles up. Steve Bauman led the group in the AYH bus but made up for this uncharacteristic sedentariness over the next few days. Marion Bahensky and Martha Ramos did their first centuries! And Moy Wong won the slowest rider contest (and a turtle patch) --don't ask how long it takes him to do a century! Of the hundreds of door prizes given out, we had two winners--Martha Ramos and Irene Walter (a Schwinn T-shirt).

Seen flying through those half-centuries were Carole Chavanne in her AYH Marshall T-shirt, Jim Ver Eecke (properly "weighted to slow him down"), Roslyn Goldstein (briefly derailed with a jammed chain), and Richard Hanak in his unique, custom (self)-made helmet.

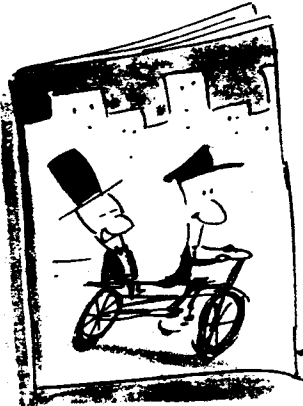
Strolling through the pre-Pete Seeger concert crowd Saturday evening was Larry Reilly, and sitting in the bleachers, Peg Munves. Found fueling up one breakfast under the "Big Top" were Irv Weisman and Bill Vojtech.

I know the rest of you were also there--on the 26 rides ranging from 1 to 130 miles; at the 33 workshops on touring, travel, health, tips and techniques, and other titillating topics; at the farewell program featuring Captain Dan Henry on the rollers; etc., etc., etc.--Margaret Barone, Deborah Bell, George Borgida, Linda Joan Brieger, Cathy Farley, Lorraine Gewirtz, Bill Knight, Gary Krzynowek, Joe Wigodner, Winifred Zubin, and all you others inadvertently not listed here.

Personally, I had my most enjoyable ride in 10 years of cycling--a flat 30 miler with two long downhills and the rest that seemed to be mostly downhill. It was an illusion, I'm told--downs have to be earned--but I never noticed an upgrade.

The other GEAR I attended also had its unique stand-out memories. Since discovering GEAR, I can't imagine being anywhere else on Memorial Day Weekend. See you there--wherever--next year! (Albany?)

In the December 21st issue of the Sunday Times magazine there was an article titled Target Audience by Robert Smith and Kitty Wise, in which they explored the potential for highly specialized, hypothetical magazine offerings for limited markets. Among them were Twist and Shout: The Magazine for Active Sports Spectators and Upscale: The Magazine of Personal Development, some with topics covered in a sample issue. Of particular interest:



"EXECUTIVE TEN-SPEED The Magazine of Wheels and Deals. Everything you need to know about the bike business ("The Horrifying Parts War Escalates") and the men who turn the wheels (Carter's men jogged - will Reagan's team hit the ground rolling?). See "Helmets of the Board Chairmen," peek inside "David Rockefeller's Bike Bag." Like cyclists themselves, the interests of this monthly are far ranging - from "Hostile Ten-Speed Offers" to "Collectibles: Those Profitable Victorian Bicycle Seats." With an urban-archeology column (Life in the Bike Lane) and a rural travel guide (The Lewis and Clark Trail Today)."

Letters

Gloria's article in the June bulletin struck an extremely familiar chord in my own cycling experience.

Not only had I been told that I could only keep up with "A" riders "if they let me" -- I believed it. Nevertheless I still wanted to join the ranks of the "A" riders. For two seasons I rode the training rides -- up to a point. Although I always received encouragement and help learning skills, I would drop out of the training rides when I felt "outclassed" and would not go on many club "A" rides in spite of urgings and encouragement from "A" riders.

I realize now how much a self-defeating attitude and feelings of inadequacy prevented me from developing both skills and strength. The underlying belief that I could not really become an "A" rider prevented me from making the most of all the "tips" and help in developing skills and from putting out my best efforts.

This season has been different. I found myself telling an aspiring "A" rider these same words -- "you'll only be able to keep up if they let you". As a result of the ensuing conversation I realized how entrenched my self-defeating attitude was and I changed it. As a result, I have more enthusiasm, more energy and more fun. My cycling improved more this season than any of the previous seasons and I now feel a part of the group of "A" riders.

Connie Orentlicher

"I scorn those with lame paws who praise their own weakness and call it virtue."

-- Freidrich Neitche

Never-the-less I never realized that there was so much jealousy and self righteous indignation between bicycle riders. Really, "if gold would rust what would iron do?" (Chaucer). In my experience, cyclists are better than average people who have a higher than average concern for other cyclists and cycling. I came to the New York Cycle Club to find people to ride with and support in my efforts to improve my riding and learn from more experienced riders. I found both. "A" is for Animals is good for a laugh among friends, but that's enough.

--Bill Knight

June Board of Directors Meeting

SUMMARY OF MINUTES (UNAPPROVED):

1. The Board welcomed Phyllis Lehmann as the new "C" Rides Coordinator.
2. Jim Rex brought up Roger Herz's recent Issues and Actions report with request for comments by 6/10/81. The group discussed the bottle bill, which Ken Abramson announced he heard had just been vetoed by Governor Carey. The group also discussed the expansion joints on the Harlem River Bridge (at Broadway and 225 Street) and the Queensboro Bridge, and expressed support for covering the expansion joints.
3. Chris Mailing distributed a supply of the business cards to everyone present; he will also distribute them at the general membership meeting.
4. The results of the Pepsi Marathon were announced: NYCC won first place for groups, and received a plaque and five medals. The group discussed how to handle the distribution of five medals to 25 group members.
5. Martha Ramos reported there are 164 members to date, including 69 new members.
6. Martha reported that the money spent recently responding to membership inquiries produced approximately 10 members, so the effort was cost-effective.
7. Phyllis Lehmann asked how to get C Ride leaders, and was advised.
8. Sara Flowers announced the topics for the next three general membership meetings.
9. The next meeting will be held on Tuesday, July 7, 1981.

Roger J. Herz
Public Affairs Director
New York Metropolitan Area



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New York, New York 10021
(212) 288-3103

ISSUES AND ACTIONS / MAY 1981

While the Mayor and key transportation staff person at City Hall (Ronay Menschel, Executive Administrator) continue to be supportive, most programs to encourage bicycle transportation in New York are moving very slowly in the bureaucracy. Six months ago, on November 28, 1980, the Mayor issued the following directive to commissioners:

"With the removal of the special barrier-separated bike lanes in mid-Manhattan, I would like to confirm my interest in seeing other components of the bicycle plan continued.

"I believe that bicycles offer a valuable transportation option, and that we should continue with the network of striped bicycle lanes in all five boroughs, with the inclusion of bicycle and pedestrian access in the reconstruction of bridges and other facilities.

"Cycling should be encouraged in all parts of the City, including the avenues where marked bike lanes have been restored in place of the physical barriers.

"In addition, wherever possible, bicycle access to elevators and secure storage should be obtained, and sewer grates which are not hazardous to cyclists should be used.

"Finally, the enforcement of traffic rules in regard to cyclists should be continued and strengthened."

Good News and Bad News. This little-publicized directive was a reaffirmation of strong support for bicycle transportation as a Member of Congress and as Mayor. Unfortunately, specific actions by relevant City agencies to effectuate these policies have been few, slow, and low-key.

Bicycle Advisory Committee. The first meeting of what was to become the New York City Bicycle Advisory Committee was held with the Mayor-elect's staff shortly after the 1977 election. Organizations initially included were League of American Wheelmen, Transportation Alternatives, and American Youth Hostels; added since are New York Cycle Club, Appalachian Mountain Club Bicycle Committee, and Staten Island Bicycling Association.

While monthly meetings were earlier held with deputy or assistant commissioners, the level of DOT participation has decreased. Minutes have been sporadic; provision of current status and data has been less than optimum.

Enforcement. An adequate level of summonses and warnings to the small percentage of cyclists riding dangerously--against traffic, near-sideswiping pedestrians, running red lights, riding on sidewalks--is essential to increase acceptance of the bicycle as a legitimate mode of transportation.

(continued on next page)

LEAGUE OF AMERICAN WHEELMEN

While there was an adequate level of enforcement last July and August (about 300 summonses a month), it has declined to about 100-125 a month; current data are not available. The additional effort required on this subject is modest, and the multiplier effect is substantial; the small percentage of riders doing dangerous things must have the perception that the risk of a penalty is at least as great as any perceived benefit in time or convenience. Focus should be on actual danger in high-volume areas. Council President Bellamy recently wrote Police and Transportation Commissioners that "increased law enforcement is the most efficient way to promote greater bicycling safety, and a safer street environment."

Office Access. Draft legislation to provide reasonable bicycle access to office buildings was discussed at a City Hall meeting on November 18, but has not yet been introduced in the Council. After several months of review, some DOT staff took the position that the bill had "severe constitutional problems." It is not generally known that Alexander Hamilton and James Madison were vigorously opposed to bicycle access at the Constitutional Convention, and wrote about this extensively in the Federalist Papers. What's happened is that a straw person has been set up, that owners would be required to provide parking space--a worthy objective, perhaps, but not the subject of the bill, which would require reasonable access to tenant space and would permit reasonable restrictions. Research with the Real Estate Board in the past confirmed that there were no code or insurance barriers to such access.

Hazardous Sewer Grates. While the Department of Environmental Protection has confirmed that no further hazardous grates will be procured, those in inventory continue to be installed. While there was a helpful discussion with key DEP staff at the April BAC meeting, DEP has not yet scheduled an inspection, much less a replacement, of hazardous grates in particularly dangerous locations such as the Central Park transverses. A 1974 report by the Center for Auto Safety documented deaths and serious injuries caused by parallel-bar grates; we've been unable to obtain current data. The Federal Highway Administration detailed the problem and the solution in a four-volume study, and an increasing number of states and municipalities are shifting to bicycle-safe grates. This shift in New York will understandably take time, but we must get started.

Bridge Access. Reconstruction of the Brooklyn and Queensborough Bridges is in process, and we have not yet obtained confirmation of earlier agreements for continuous bicycle and pedestrian access, or adequate information on scheduling for these and other bridges. While we've been assured that the experience will not be repeated, the frivolous view some officials have of bicycle transportation was demonstrated last October 31, when the Queensborough lane was suddenly closed by Con Ed with permission of NYCDOT without notice. Cyclists were forced for seven weeks to climb the barrier to the north side roadway or to use the irregular central roadway at risk.

Ferry Access. Initially assured that the proposed Roosevelt Island RFP would include bicycle access at least equal to that on the aerial tramway, we were later told by the Director of Ferry Operations that "since the tram does allow cyclists...there was no need to duplicate this service on the proposed ferry service." After a query from City Hall, the Commissioner of Transportation advised that the RFP did not "preclude the concept." As the tram is back in service, there's doubt that the ferry will be sought, so the question is probably moot, but it provides an opportunity to reflect on the savings possible by eliminating "duplicate" subways, bridges, and streets connecting parts of the City.

Available on Request: Summary of "Bicycle Transportation for Energy Conservation," US Department of Transportation, April 1980, and "Actions Needed to Increase Bicycle/Moped Use in the Federal Community," Comptroller General of the US, January 1981;

"Issues and Actions" March 1981; "The Great Bicycle Wars," Time Magazine, November 24, 1980; "The Romantic Cyclist" or "Bike is a Four-Letter Word," a bawdy song written during the historic November 1980 week in American bicycle transportation which included the first national conference of bicycle planning specialists in Asheville, NC.

From a letter to the Mayor: "...the League of American Wheelmen asks that I exert myself, in whatever direction, to make the case for bicycles. I am impelled to do so by your charming tergiversation of a few months ago, at which you seemed to be saying that you had attempted the case of bicycles, and found it wanting.... My point in 1965 when I ran for your exalted office was quite simple, namely that bicycles had to serve an instrumental purpose, or they would not serve at all. They are splendid vehicles for recreation, but that recreation is not what New York is all about between 8 and 10, and 4 and 6. Whence my notion of another elevated bikeway. Are you unalterably opposed to such elevation of my ideals? With warm personal regards, Wm. F. Buckley Jr."

The League of American Wheelmen is the national organization of bicyclists. Founded in 1880 and responsible for the Good Roads Movement in the US (paved roads outside cities were the exception until that time), LAW is currently (1) establishing a Bicyclists Education and Legal Foundation (2) considering a name change; I strongly support "League of American Bicyclists" to add a more contemporary descriptive.

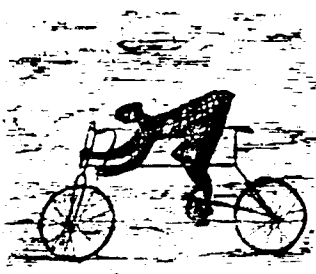
Membership Update

Club Membership stands at 184 for 1981. The following members joined since mid May:

Ronald Besto	2 Grace Ct. #1X	Brooklyn, NY	11201	875-6708
Lew Bodak	9 Wellyn Rd.	Bronxville, NY	10708	(914)337-9460
Edward Cohen	41 W.64th St.	New York, NY	10023	362-3426
Guy Flanders	67 Sterling St.	Brooklyn, NY	11225	693-6748
Constance Folger	494 13th St.	Brooklyn, NY	11215	788-6619
Joel Hasch	151 Central Pk. West	New York, NY	10023	877-7891
Sharon Jacobs	27 Webster Ave. #3L	Brooklyn, NY	11230	853-7986
Warren Jupiter	352 E.19th St.	New York, NY	10003	674-4445
Robin Kappy	17 Greenwich Ave. #6	New York, NY	10014	924-2865
Jay Kirby	296 Prospect Ave.	Sea Cliff, NY	11579	(516)676-0457
David Kreda	121 Bay 38th St.	Brooklyn, NY	11214	946-9203
Roy Lawrence	18 W. 90th St. #G	New York, NY	10024	877-2292
Joyce Meyer	20 Prince St. #22	New York, NY	10012	966-1399
Judy Nesbitt	145 E.15th St. #8B	New York, NY	10003	673-6495
Joseph Rigo	1385 York Ave. #11A	New York, NY	10021	249-6418
Richard L. Seltzer	812 W.181st St. #63	New York, NY	10033	568-2593
Matthew Stevenson	494 13th St.	Brooklyn, NY	11215	788-6619
John Young	116 Pinehurst Ave.	New York, NY	10033	923-7800

There once was a young
sportsman named Peel
Who went for a trip on his wheel;
He pedalled for days
Through crepuscular haze,
And returned feeling somewhat
unreal.

--"The Listing Attic", E.Gorey



Commercial Advertising Policy

Pricing	Full page advertisement	\$50.00
	Half page advertisement	30.00
	Quarter page advertisement	20.00
	Eighth page advertisement	15.00
	Per line (min. three lines)	3.00

- Placement to be done by the Bulletin Editor
- Any member who has paid dues before Labor Day may advertise three lines for free until the following April 30
- Any member who pays dues after Labor Day may advertise three lines for \$5.00 until the following April 30
- Other clubs or organizations are not exempt from this policy unless the Board of Directors determines otherwise
- The Bulletin Editor may reject unsuitable advertising, with appeals made to the Board of Directors

New York Cycle Club, Inc.
Statement of Accounts
for the comparative periods ending:
May 31, 1980 & May 31, 1981 (semi-annual)

	<u>1981</u>	<u>1980</u>
RECEIPTS:		
Dues.....	\$1651.00	\$1022.00
Jerseys (net of sales)	16.00	0.00
Heat Transfers (gross)	3.75	29.25
Bulletin Advertisements	0.00	9.00
Contributions	0.00	18.17
Interest on Savings	8.17	8.31
Total:	<u>\$1678.92</u>	<u>\$1086.73</u>
DISBURSEMENTS:		
Bulletin.....	\$ 705.02	\$ 803.88
Promotions & Sales	149.83	19.08
Club Memberships	50.00	52.00
Programs	0.00	8.78
Board Activities	37.00	23.48
Heat Transfers (bal.)	0.00	274.00
Post Office Box	20.00	16.00
Miscellaneous Correspondences	19.40	55.40
Bank Charges	9.11	17.05
Total:	<u>\$ 990.36</u>	<u>\$1269.67</u>
SURPLUS/DEFICIT:	\$ 688.56	(\$ 182.94)
BANK BALANCES:		
Republic National (checking)	\$ 901.19	\$ 476.18
Serial Federal Savings	335.52	316.40
Total:	<u>\$1236.71</u>	<u>\$ 792.58</u>
ASSETS: Projection Screen, Typewriter, Silk Screen (Jerseys), Heat Transfer Inventory, Stationary & Postage Supplies		

Prepared by Ken Abramson, Treas.

Cycling Shorts

The New York City Department of Transportation has a traveling Bicycle Safety Show. Currently the show is working the street fair circuit. If you are interested in volunteering to assist this worthwhile program, or if you would like a list of participating street fairs, call Carole Chavanne days at 566-8281 or 8289.

APPLICATION FOR MEMBERSHIP IN THE NEW YORK CYCLE CLUB

As a N.Y.C.C. member, I accept full personal responsibility for obeying all traffic regulations and for my own safety on the road. I will hold the Club, it's officers and ride leaders blameless in case of accident.

NAME(S) _____ PHONE H. _____

B. _____

ADDRESS _____ APT. _____

CITY _____ STATE _____ ZIP _____

DATE _____ AMT. OF CHECK _____ NEW _____ RENEWAL _____

WHERE DID YOU HEAR OF N.Y.C.C.? _____

OTHER CYCLING CLUB MEMBERSHIPS _____

1981 membership dues are \$11.00 per individual, \$14.00 per couple residing at the same address and receiving only one newsletter. Mail this application, with your check, to:

The New York Cycle Club, Inc.
P.O. Box 877
Brooklyn, N.Y. 11202

New York Cycle Club, Inc.
c/o Alice St. Andrea
43 Fifth Ave. #1D
New York, N.Y. 10003

FIRST CLASS

Chris Mailing
324 E.82nd St. #3C
New York, NY 10028

